



DECEMBER 2025

DISEASE SURVEILLANCE AND RESPONSE REPORT

HEALTH NEWS

Global Health Update Report

- Created by the New York State Department of Health.
- Subscribe and stay up to date with infectious disease outbreaks in the US and globally.
- New report every Friday.
- Scan or click the QR code to the right to subscribe to the report.



Community Survey on Youth Substance Use and Mental Health Survey

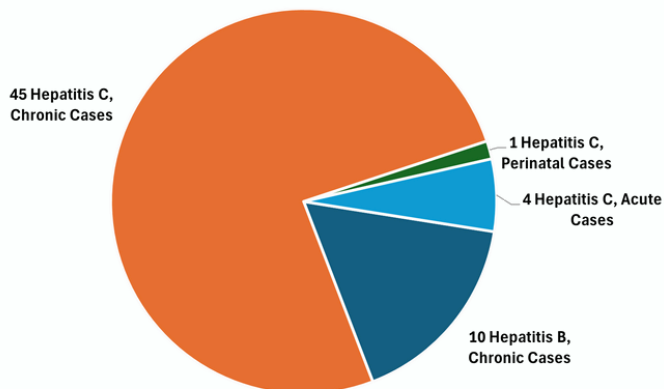
- This survey is being conducted in collaboration with the Alliance for Better Communities.
- Please complete this short survey if you have time.
- Scan or click the QR code to complete the survey.



COMMUNICABLE DISEASE ACTIVITY, JEFFERSON COUNTY, JANUARY TO DECEMBER 2025

Hepatitis

Jefferson County, January to December 2025
Total Cases = 66

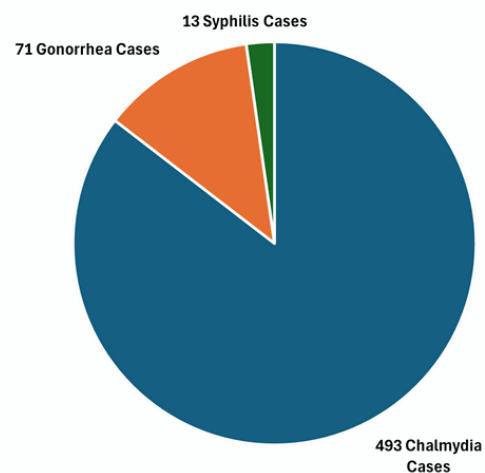


Compared to this time last year:

- 25 less Hepatitis cases overall.
- 1 less Hepatitis A
- 4 less Hepatitis B, Chronic.
- 17 less Hepatitis C, Chronic.
- 3 less Hepatitis C, Acute.
- No change in Hepatitis C, Perinatal.

Sexually Transmitted Infections

Jefferson County, January to December 2025
Total Cases = 577



Compared to this time last year:

- 138 less STI cases overall.
- 74 less chlamydia.
- 32 less gonorrhea.
- 16 less syphilis.

Click or scan the QR code to
view this newsletter online





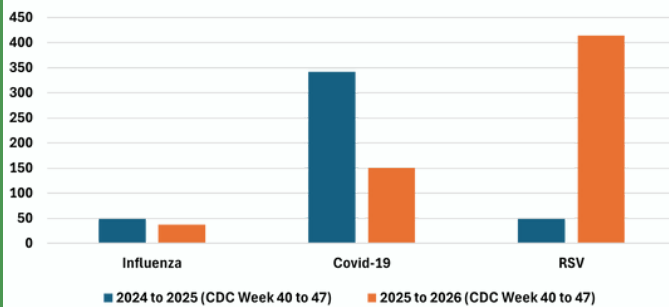
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COMMUNICABLE DISEASE ACTIVITY, JEFFERSON COUNTY, JANUARY TO DECEMBER 2025

Respiratory Viruses

Jefferson County, Respiratory Viruses Comparison
between CDC Week 40 to 47 for 2024-2025 and 2025-
2026

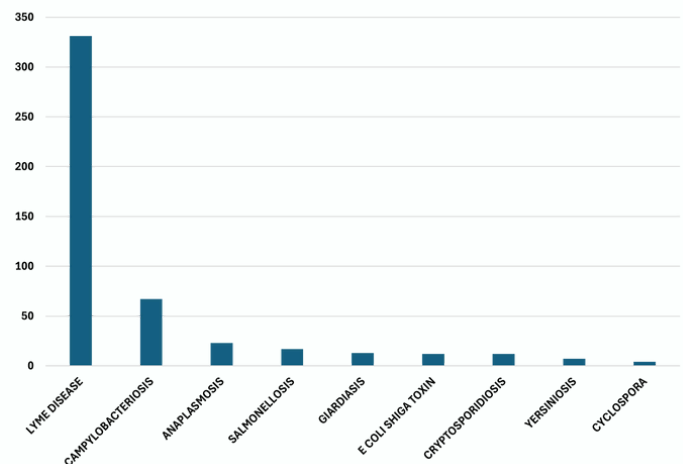


Comparing the 2024-2025 respiratory season to the 2025-2026 season to date:

- 12 less Influenza cases.
- 191 less Covid-19 cases.
- 365 more RSV cases.

Communicable Diseases

Jefferson County, January to December 2025
Total Cases = 486



Compared to this time last year:

- 34 less cases of Lyme disease.
- 5 less cases of campylobacter.
- 14 more cases of anaplasmosis.
- 15 less cases of salmonella.
- 5 less cases of giardiasis.
- 2 more cases of E Coli Shiga Toxin.
- 18 less cases of Cryptosporidiosis.
- 3 less cases of Yersiniosis.
- Same number of Cyclospora cases.

JEFFERSON COUNTY PUBLIC HEALTH SERVICE UPDATES

STI Clinic - Tuesdays from 12:30pm to 3:30pm @ Jefferson County Public Health Service.
531 Meade St, Watertown, NY 13601 (By appointment ONLY).

Immunization Clinic - Wednesdays from 12:30pm to 3:30pm @ Jefferson County Public Health Service.
531 Meade St, Watertown, NY 13601 (By appointment ONLY).

To make an appointment please call: (315) 786-3700.

Rabies Clinic - March 19th 2026 @ Jefferson County Dog Control.
21897 County Rd 190, Watertown, NY 13601.

Click or scan the QR code to
view the Public Health Calendar





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HIGHLIGHT – RABIES

Rabies is a deadly virus that affects the brain of animals and people. It spreads through the bite or scratch of an infected animal.

Impact on animals: Rabies can cause sudden behavior changes, trouble walking, fear or aggression, and ultimately death.

If you get bitten: Wash the wound right away with soap and water for at least 15 minutes, then seek medical care immediately.

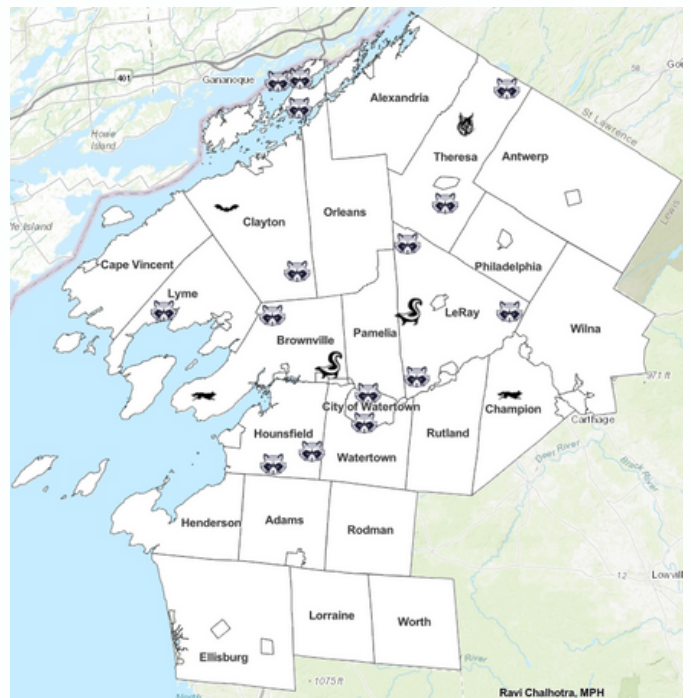
How to stay safe: Avoid contact with wild or stray animals, keep pets vaccinated, and report unusual animal behavior to local animal control.

We have created a map as well to show rough locations of where rabies positive animals have been found.

Rabies is a rising issue in 2025 as we have had 22 cases of rabies positive animals already. In 2024, we had 13 cases for the full year.



Click or scan the QR code
to learn more about Rabies



HIGHLIGHT – WARMING CENTERS

Cold season is upon us. Here is a list of warming centers in our area:

Salvation Army
723 State St.
Watertown, NY
11/1/25 to 4/30/26
Overnight Warming Center
7 days a week
8pm to 8am

Emanuel Congregational Church
119 S. Hamilton St.
Watertown, NY
11/1/25 to 4/30/26
Warming Center
Monday to Friday
3pm to 8pm
Community Meals
Monday to Friday
5pm to 7pm

New Life Christian Church
255 Gaffney Dr.
Watertown, NY
11/1/25 to 4/30/26
Daytime Warming Center
Monday to Friday 8am to 3pm
Saturday – Sunday
8am to 8pm



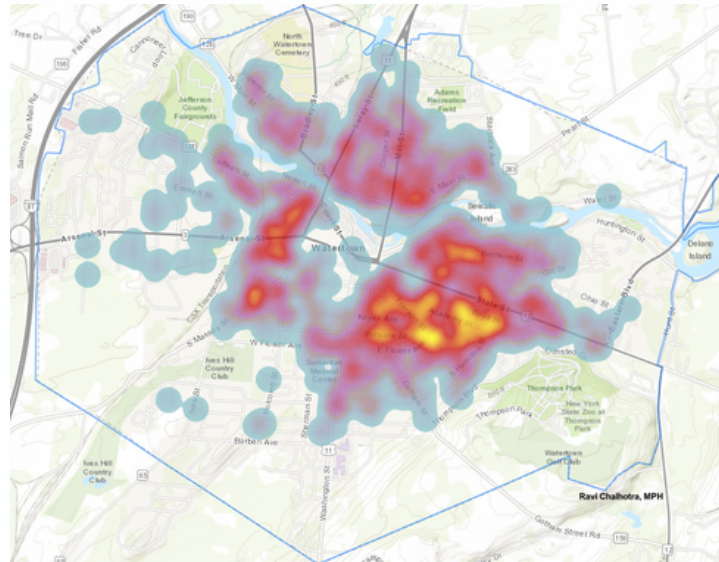
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HIGHLIGHT – LEAD

Lead is a toxic metal that can harm the brain, kidneys, and other organs.

- More dangerous for young children and pregnant people.
- Lead has no taste or smell so it can hide in paint, dust, soil, or even plumbing without you realizing it.
- Testing your home is the only way to know for sure if lead is present and to prevent long-term health problems.
- Simple testing and early action can protect your family and create a safer living environment.



**Heat Map showing the concentration
of pre-1980 built homes**



Click or scan the QR code
to learn more about the
Lead Rental Registry

Lead Rental Registry

- The New York State Department of Health has created a Lead Rental Registry Program.
- This program highlights 25 communities of concern around New York State.
- Jefferson County is one of these meaning we have a higher number of older homes that might still have lead (older homes = built before 1980).
- Get your home* tested for lead—contact the Jefferson County Public Health Service. *Only for City of Watertown homes with 2 or more units need testing, no single family homes.
- Municipal water is already tested by the city.
- Ask your child's doctor at local clinics or North Country Family Health Center for blood lead level testing.